



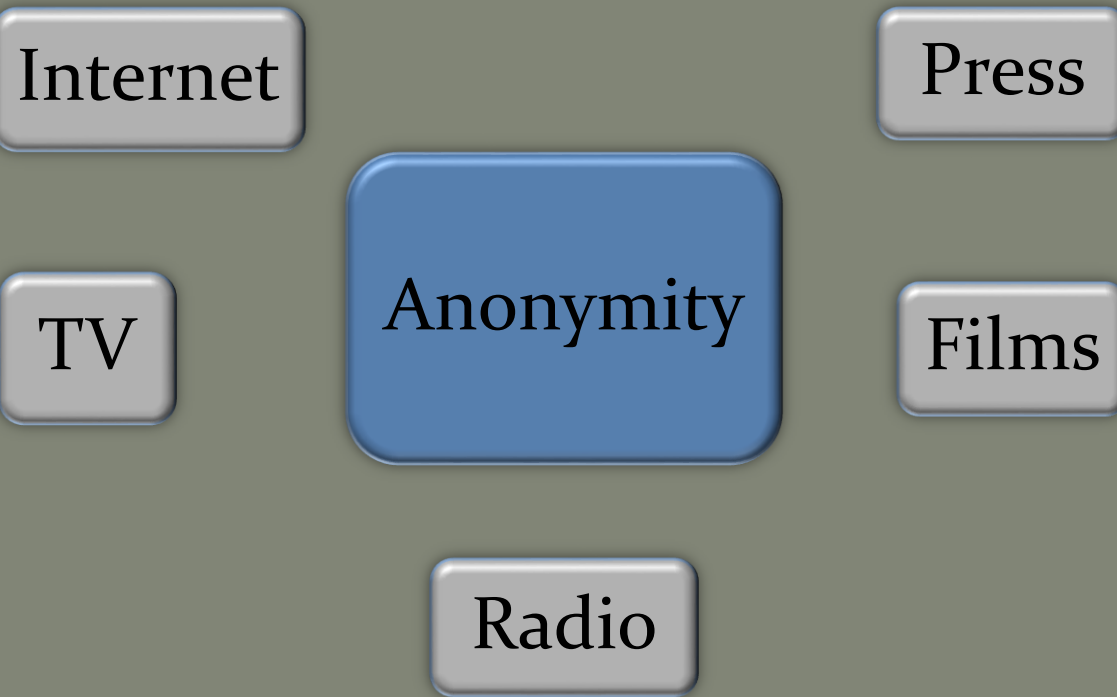
Technology & Anonymity

Do's and Don'ts / Myths and Facts

Tradition Eleven



- We are responsible.



Al-Anon & Technology



- Technology is changing at a rapid pace, introducing multiple new ways to interact with each other.



- As technology evolves, Al-Anon is finding ways to incorporate it, while being mindful of our tradition of anonymity.

About this Presentation



- On-line technology is diverse.
- It is constantly changing.
- Presentation is a resource for members.



E-mail for Al-Anon Related Communications



DØN'TS

- Don't use an e-mail address that contains your last name, address, or phone number.
- Don't use your work e-mail.

DO

- Do establish e-mail addresses for service members that avoid the use of personal names. (e.g., treasurer@your_area.org)




E-mail for Al-Anon Related Communications



DO

- Do use blind carbon copy (Bcc).

 Send	To...	ME
	Cc...	
	Bcc...	Area Al-Anon Chairperson; Area Al-Anon Delegate; Area Al-Anon Treasurer; Area Al-Anon Treasurer
	Subject:	Report For Tomorrow's Meeting

Alateen Chat Rooms

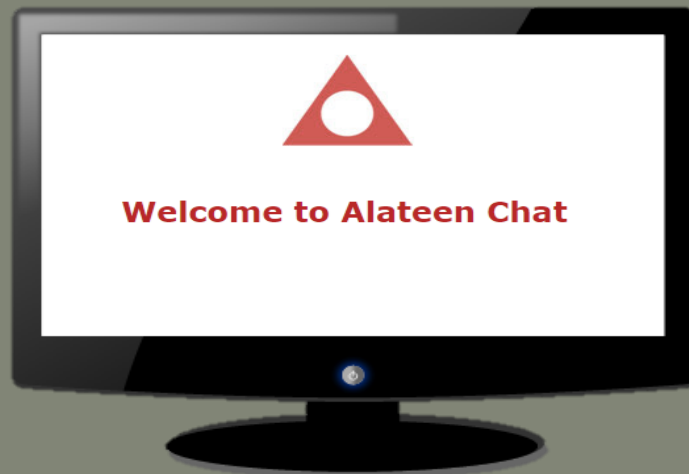


MYTH

- Inappropriate communications can occur in an Alateen Chat Room.

FACT

- Members can only chat when two Alateen Group Sponsors are present to monitor communications.



Al-Anon Web Sites



MYTH

- We are completely anonymous on the Web.

FACT

- Web searches may reveal personal information about us.



Al-Anon Web Sites



MYTHS

- If you post something to an Al-Anon Web site, only Al-Anon members will see it.
- Password-protected sites are safe.

FACTS

- Anyone can visit an Al-Anon Web site and if your personal information is there, they can access it.
- Make passwords unique to your area.



Al-Anon Web Sites



DØN'TS

- Don't use your full name on Web site documents.
- Don't use an uncommon first name.

DO

- Do use only first name, position title, or pseudonym.



Al-Anon Web Sites



DØN'T

- Don't use your personal phone number or address on documents.

DO

- Do use Area office, AIS, or LDC information when a phone number or address is necessary.



Al-Anon Web Sites



DØN'TS

- Don't post flyers, newsletters, and other documents without review.
- Don't assume you are safe on a password-protected Web site.

DO'S

- Do review flyers, newsletters, and other documents when posting.
- Do use these precautions when posting on a password-protected Web site.



Members Photos Online



DØN'TS

- Don't use full-face images.
- Don't identify a person in photographs .

DO

- Do make sure the background of the photo doesn't expose a member before posting.



Social Media



MYTH

- Clicking “Like” or “Follow” on any Al-Anon social media site means I am a member of Al-Anon.



FACTS

- “Liking” or “Following” simply means you like the message.
- Your comfort level should be considered first.



Social Media



DØN'TS

- Don't identify yourself as an Al-Anon member.
- Don't divulge the identity of Al-Anon or A.A. members.

DO

- Do share what you're comfortable with, without using the word Al-Anon.

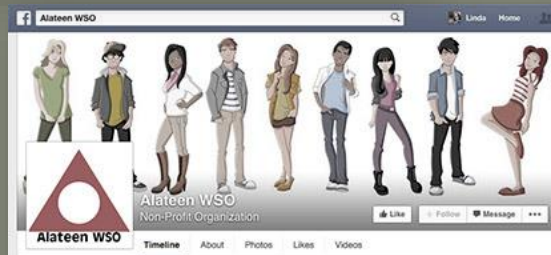


Social Media



DO

- Do support Al-Anon's public outreach efforts through the use of social media.





Thank you for your participation
in our presentation and your
efforts to apply Tradition Eleven!

